

Yangon

travel information



Volume 12 Issue 8

နိုင်ငံခြားနယ်မာရေးနှင့်ကျင်းမှု

Yangon information sur les voyages

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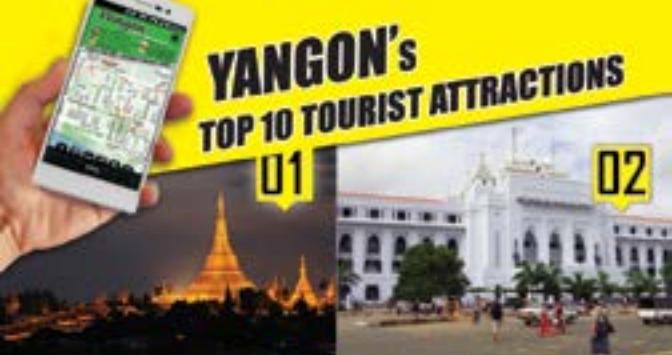


Embassies



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YANGON TRAVEL INFORMATION



Welcome to Yangon! This was once the administrative capital, now the commercial capital of Myanmar, with evergreen and cool with lush tropical trees, shady parks and beautiful lakes. Yangon once earned the name, "Garden City of the East". Founded in 1755 by King Alaungpaya of Third Myanmar Empire, and was named Yangon as a sign of peace, which literally means "no more enemies or dangers". Well, if one wants to make peace and stop fights or wars, come to Yangon.

Myanmar, British, Chinese and Indians had mixed influences over its colonial architecture, which is almost unique for today's world. You may feel like you are on a time-travel journey to a 19th-century British colonial town. Even today, Yangon resembles a city of the past, as seen by its longyi-wearing, dracula-looking betel-chewers, spitting pedestrians, their friendly or even familiar attitude towards strangers, street-vendors and pungent smells.

Please keep this small booklet with you, as our partners will give you discount or FREE gifts, when you show this booklet when shopping or dining out. Good luck! Have fun traveling around Myanmar!



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TOP TOURIST ATTRACTIONS IN YANGON

01

MAP ON
Pg.24

Shwedagon Pagoda (ရွှေတောင်ပဗ္ဗာ)

Being the largest golden monument on earth with 99 meters in height, Shwedagon Pagoda is the country's biggest tourist attraction, built approximately 2500 years ago. You may need 3 full hours to tour around Shwedagon. US President Barack Obama visited there in 2012. He endorsed visitors will be moved by the timeless idea of faith and love. Bygone kings and queens of Myanmar donated gold of their own weight to this golden stupa. The world's largest bell used to be here, before it was robbed and stolen. You will find that words cannot describe its beauty enough.



02

PHOTO
ON Front
Cover
Inside

Sule, Center Point of Yangon (စူးမြို့ဝိုင်)

Sule Roundabout and Sule Pagoda is officially recognized as the official center point of original British Rangoon. All of the nation's distance measurement starts from this zero-point. Yangon Mayor's office (the City Hall) and Emanuel Baptist Church (built in 1885) are located next to it. After Myanmar got independence from Great Britain in 1948, Independence Monument was built in the park, right in front of the City Hall. Myanmar architect Sithu U Tin designed this beautiful structure in 1925 and opened up a new era in secular Myanmar architecture.



03

MAP ON
Pg.24

Downtown walking tour (အောင်သနပြောလျှောက်)

Roughly a 2-hour walking tour (Please see the zoomed-in map on front cover.) is suggested to start at Sule Pagoda, earlier in the mornings to avoid hot afternoons. This walking tour will take you around a series of colonial heritage buildings, market places, and also Chinese and Indian neighborhoods. You will also set your foot on the oldest road in Yangon, called Shwedagon Pagoda road, which stretches from sea port to the Shwedagon Hill. One will come to understand the Yangonese life-style, along with tons of photo-opportunities. This tour will end at Bogyoke Aung San Market.



04

PHOTO
ON FC1

Bogyoke Aung San Market (ပေါ်ကျော်ဈေး)

This day-time colonial shopping mall, built in 1926, is a one-stop bargain-hunt from 1,120 shops of souvenirs, local woven cotton clothing, paintings, artifacts, handicrafts, or even jewelries.



05

PHOTO
ON FISH
Cover
Inside

National Museum (နိုင်ငံတော်း)

This museum houses the famous Lion Throne of the last Myanmar dynasty. This probably would be the grandest throne in the world of monarchs, when you simply compare it with those thrones of Egyptian Pharaoh or Chinese Emperors. It also exhibits the treasures of the third Myanmar Empire. Royal regalia are displayed including the golden shoe of Myanmar kings to ceremonial suits of ministers and generals 2 centuries ago.



TOURIST ATTRACTIONS IN YANGON

i

06

MAP ON
Pg.24

Yangon Circular Train (ရန်းချုပ်)

150 years ago, British superintendent surgeon Dr. William Montgomerie designed this city-grid with a circular train-track, even to go to airport by train from downtown. (But not possible today.) This is a slow moving train, taking about 3 hours for the whole 45km 38-stop loop, which is fun because of the people that take it. Quite often, ordinary-class workers and street vendors fills up the train, going loop around suburbs the city.



07

PHOTO
ON Front
Cover
Inside

Chauk Htat Kyi Buddha (ရွှေတောင်ဘုရား)

Visiting this reclining giant Buddha is an impressive sight. Chauk Htat Kyi literally means '6-storey' in Myanmar language. Length from head to toe is even greater than Statue of Liberty in New York. The statue's porcelain face is punctuated by expressive large eyes. Most visitors find it interesting about the decorated foot-prints at the far end. Just the opposite of road is Ngathtakyi Buddha (နွားတော်း), where you will find one of the most unique version of Buddha, seated and wearing a highly decorated armour. It is a less visited, but more enjoyable place.



08

MAP ON
Pg.24

Botahtaung Pagoda (ပုဂ္ဂန္တား)

Located on the Strand Road, unique Botahtaung Pagoda has impressively gilded maze-like interior walkway, with relicts of Buddha. This definitely is worth a visit. In conjunction with interesting river front, there is a lively market, leading up to the river shore and ferry landings. It is an area worth to explore. A coffee or ice-cream break at the classic Strand Hotel nearby would be a good choice.



09

MAP ON
Pg.24

Myanmar Orchestra at Karawelik Palace (မြန်မား)

The complete Myanmar orchestra consists of 13 different musical instruments, totally different from the western orchestra. This is the only place in town, where you can go see a cultural show in the evenings. [30,000 kyats for an international buffet dinner] Great for a photo opportunity, but take a good flash for your camera. Karawelik, the hall that houses the performance and a dining hall, is another unique landmark of Yangon, in the shape of 2 huge mythical birds. Such royal barges were once dedicated only to be used for Kings, in the olden days. Get a royal experience, riding and dining on the royal barge.



10

PHOTO
ON Front
Cover
Inside

Allied War Memorial Cemetery (အောင်ဆုံးမြတ်သူမြတ်)

Very well-kept, beautiful, and classically-designed park and a war memorial, with over 6000 graves and a memorial to 27000 soldiers of the Allied Forces. Commonwealth visitors should not miss this. A very moving reflection of war history of mankind. Not overrun by tourists and vendors. This will be a convenient stop, if you visit Bago, capital of the second Myanmar Empire (AD 1364-1752).





TOURIST ATTRACTIONS NEAR YANGON



type: cultural
distance: 130.48 miles

KYAIKHTIYO

(driving distance: ~3 hr 12min)
Kyaikhtiyo Pagoda (The Golden Rock) is a living miracle, precariously perched on the edge of a sloppy cliff. It was said to be floating miraculously up in the air, carrying holy Buddha relics on top. It is a myth and a popular belief that one will gain more wealth, better health and luck every time he or she visits the miracle pagoda.



type: beach
distance: 152 miles

NGWESAUNG BEACH

(driving distance: ~3hr 26min)
Ngwe Saung Beach (meaning silver beach) is on western coast on the Bay of Bengal, nearly directly west of Yangon. Hotels were built among thousands of coconut trees. Like Ngapali Beach, the beauty of the beach is unspoiled and visitors can enjoy a peaceful and relaxing holiday.



type: cultural
distance: ~78.8 miles

BAGO

(driving distance: ~1hr 49min)
Bago (Hanthawaddy) was capital of 2nd Myanmar Empire, founded in 573 AD. Kankawzathadi Palace built for King Bayinnaung in 1556, originally consisted of 76 apartments and halls, is amazingly beautiful. The gigantic Shwe Tharyaung Buddha, 55 metres in length, is the second largest Buddha image on earth.



type: eco-tourism
distance: ~204 miles

ELEPHANT CAMP

(driving distance: ~5 hours)
Pho Kyar Elephant Camp is an ideal eco-tourism spot, only 5 hours away from Yangon. Located near Tharyaya, century-old teak trees are a wonder for tourists. Seasonal flowers, baby elephants, wild orchids, singing tropical birds and playing with elephants will surely bring you pleasure of nature.



type: cultural
distance: 30 miles

TWANTE POTTERY

(~1 hour)
Twante is a township in the Yangon Region, across the Hlaing River, at southwest Yangon. Time-travel to the rural way of life and visit a traditional pottery workshop, where the methods have remained the same for generations, probably centuries. It is also known for the man-made Twante Canal, connecting Yangon and the Ayeyarwaddy delta region.

RESTAURANTS IN YANGON



European
Chinese
Japanese
Korean
Indian
Thai
Myanmar

✓✓	✓	✓	365 Restaurant ☎ 01-243 047 Thamada Hotel, No.5 Signal Pagoda Rd.	
✓✓		✓✓	Coffee Circles ☎ 01-525 157 107(A) Dhamma Zedi Road, Kamayut Tsp.	
✓✓		✓✓	Fee! ☎ 01-210 678 1st Floor, Damathika Centre, Lannadaw Tsp.	
✓		✓✓	La Maison 29 ☎ 01-664 204 No.20, Kabanaya Pagoda Rd, Yankin Tsp.	
✓✓		✓	Signature ☎ 01 543 387 Kominkochi Road, Kandawgyi Lake.	
✓✓		✓	Jasper House ☎ 09-517 2589 54, Ahlone Street, Dagon Tsp.	
✓		✓	Black Canyon ☎ 09-421 040512 330, Ahlone Road, Dagon Tsp.	
✓			Le Planteur ☎ 01-514 230 80, University Avenue, Kamayut Tsp.	
✓			Water Library ☎ 01-221 721 83/5 Cor of Mananphy & Pyay Rd, Dagon Tsp.	
✓			Marvelous Cafe & Rest ☎ 09- 504 8816 23, G-6, Kari Pat Rd, Mingalar Taung Nyunt Tsp.	
✓			Zawgyi House ☎ 09-361 13862 No.5, U-Tun Nyein St, Mayangone Tsp.	
✓			Coffee Corner ☎ 01-650 471 Yangon International Airport, Mingalardon Tsp.	
✓			Lotteria (Hamburger) ☎ 01-525 947 Junction Square Super Market.	
✓			L'Opera ☎ 01-665 516 No. 62, U Htan Nyein Street, Mayangone Tsp.	
✓			Vino di Zarotti ☎ 01-525 995 61, University Avenue Road, Bahan Tsp.	
✓			Union Bar and Grill ☎ 09-420 101854 No. 42, Strand Road, Botahtaung Tsp.	
✓✓		✓	Nooch Restaurant & Bar ☎ 01- 378 166 367, Upper Shee Bon Thar Rd, Pabedan Tsp.	
✓✓	✓	✓	Korean Restaurant ☎ 01- 214 003 Mingalar San Pya Cinplex, Lannadaw Tsp.	
✓			House of Singapore ☎ 09- 30 258 388 (UBC) Annex B, Nat Maik Road, Bahan Tsp.	
✓			Gekko ☎ 01-268 986 535, Merchant Street, Kyauktada Tsp.	
✓			FURUSATO ☎ 01-536 265 137, West Shwergonidine Road, Bahan Tsp.	
✓			Mondo Japanese ☎ 01-252 261 26(B), Yaw Min Gyi Street, Dagon Tsp.	
✓✓			Tomo Sushi ☎ 01- 251 302 702, Mahabandoola Street, Letha Tsp.	
✓			The Seoul Korean ☎ 09- 492 84 888 142 Parani Road, Mayangone Tsp.	
✓			Anirang Restaurant ☎ 09-493 35172 Thani Mingalar St, Kamayut Tsp.	
✓			Titus Indian Banana Leaf ☎ 09-3025 8377 215, Ground floor, 32nd Street, Dagon Tsp.	
✓			The Comander Leaf ☎ 01-293 006 12, Yangon International Hotel, Dagon Tsp.	
✓			Dana Phyu Daw Saw Yee ☎ 01-248977 175/177, 29th street, Pabedan Tsp.	
✓			Taing Yin Thar ☎ 01-660 792 Corr of May Kha Rd, Parani Rd, Mayangone Tsp.	

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LIVE MUSIC
WIFI/INTERNET

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CLOSE

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Japanese
Kosha
Indian
The
Myanmar

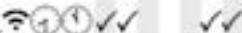
- RECOMMENDED

01 **Monsoon** (မြန်း၏) ☎ 01-295 224
No. 85/87, Thanbyu Road, Botataung Tsp.
<http://monsoonmyanmar.com>



✓✓

02 **Pansweltaw** (ပန်ဆဲတော်) ☎ 09-730-99114
U Wisara Rd, Inside People's Park & People's Square, Myanmar Culture Valley Shopping Center



✓✓

03 **B&B** (ပုဂ္ဂိုလ်) ☎ 01-388981
Bogyoke Aung San Road & Corner of 31st street
<http://bbq.bbg.com.mm>



✓✓

04 **Cyclo** (ပျောက်) ☎ 01-251 069
133, Lanmadaw Street (Middle Block), Lanmadaw
booking.mrfeehotel@gmail.com



✓

✓

- RECOMMENDED SEE MAP ON PAGE 7

Aux Saisons Restaurant ☎ 01-661 125
31, A, Kan Yeik Thar Street, Mayangone Tsp.



✓

ACACIA TEA SALON ☎ 01-554 739
52, Sayar San Road, Bahan Tsp.



✓

Thiripyitsaya Sky Bistro ☎ 09-255-277
339, Bogyoke Aung San Road, Sakura Tower



✓✓

Fiji Coffee House ☎ 01-535 371
No. 116, University Avenue Road, Kamaryut Tsp.



✓✓✓✓✓

Eugenia Cafe ☎ 01-227 346
E 101/102, Manawhan Yekh Thar, Bahan Rd, Ahlone.



✓

50th street ☎ 01-287 063
9/13, Soe Street, Botataung Tsp.



✓

Blue Oasis ☎ 01-523 840
430 A, Cor Dhammazedi Rd



✓

Green Elephant ☎ 01-661 1887
2, Aung Thu Kha St, 9 Miles, Pyay Rd, Mayangone Tsp.



✓

House of Memories ☎ 01-525195
No. 290, U Wisara Road, Kamaryut Tsp.



✓✓

113 Restaurant & Takeaway ☎ 09-4211 49469
113 Ground Floor, Boysoin Street, Lathe Tsp.



✓

NACHA ☎ 09-450013761
No.85, Shin Saw Pu Road, Sandaung Tsp.



✓

Kaung Thant ☎ 01-661 759
33, Kyauk Wain Pagoda Rd, Mayangone Tsp.



✓

Golden Duck ☎ 01-661 1779
Myaing Hay Wun Road, 8 Mile, Pyay Rd,



✓

White Rice ☎ 01-556 837
Kandawgyi Park, Mingalar Taungnyunt Tsp.



✓

Bangkok Kitchen ☎ 09-730 13 732
Opposite Chatrumat Hotel, Nanthaka Street



✓

Ten Mile ☎ 01-660417
No.145, Pyay Rd, 10 mile Mayangone Tsp.



✓

Sabai Sabai ☎ 01-525078
232, Dhama Zedi Road, Yangon



✓

Padenmar ☎ 09-481 55749
105/107, Kha Yae Bin Rd, Dagon Tsp.



✓✓

Royal Garden ☎ 01-546 923
Nanthaka St, Near Bogyoke Aung San Park, Bahan Tsp.



✓✓

Aung Thu Kha ☎ 09-500 5296
17A, West Shwe Gon Daing (13) st, Bahan Tsp.



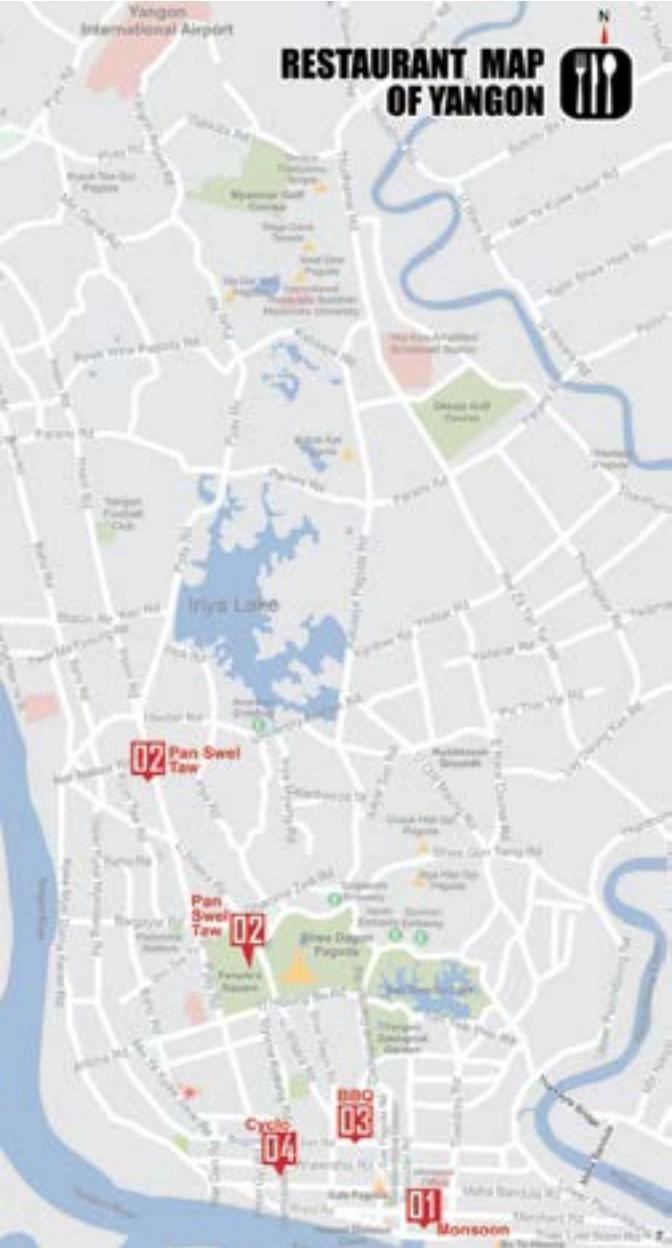
✓

Khaing Khaing Kyaw ☎ 09-515 9884
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✓

RESTAURANT MAP OF YANGON





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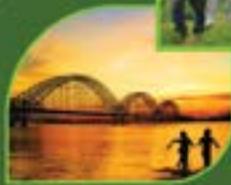
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FESTIVAL CALENDAR 2015 (JAN-OCT)

- July:** Weso examinations month (nationwide)
- Jul 8-Aug 6:** Wicker ball ceremony (Mandalay)
- Jul 31:** Weso Full Moon Festival (nationwide)
- Jul 25-27:** Shwe Kyun Pin Nat Pwe (Mingun)
- Aug 15-21st:** Taung Byone Nat Pw (Madaya)



- Aug 25-Nov 24:** Kyaungdawyer Festival (Min Bu)
- Aug 29-Sep 4:** Yadana Gu Nat Festival (Amapura)
- Sep 22-Oct 4:** BoBoGyi Nat Festival (Mandalay)
- Sep 9-15:** Yadana Gu Nat festival (Amapura)
- Sep 30:** Manuha Pagoda Spiritual Dolls Festival
- Sep 22-Oct 4:** BoBoGyi Nat Festival (Mandalay)
- Oct 5-22:** Phaung Daw Oo Pagoda Festival (Inle)



- Oct 15- Nov 2:** Mya Tha Lun Festival (Magwe)
- Oct 26-28:** Thadingyut Light Festival (nationwide)
- Oct 18-19:** Dummy Elephant Festival (KyaukSe)
- Oct 18-Nov 21:** Kyauktawgyi Festival (Mandalay)
- Oct 18-19:** Festival of Light+ Fire Ball (Kyaing Tong)
- Oct 24-27:** Indein Pagoda Festival (Inle Lake)

FESTIVAL CALENDAR 2015 (NOV-DEC)

- Nov 7- 12:** Poewintaung Ceremony (Monywar)
- Nov 11-17:** Shwezigon Festival (Bagan)
- Nov 12-17:** Balloons Flying Festival (Taunggyi)
- Nov 16-17:** Tazaungdaing Light Festival (nationwide)
- Nov 16-17:** Robe Weaving Contest (nationwide)
- Nov 16-17:** Kyaikhtiyo Festival (Golden Rock)



- Nov 16-18:** Kakku Lanterns and lights Festival
- Nov 16-17:** Kaung Mudaw Festival, Sagaing
- Nov 16-17:** Ann Tribe Fertility Festival (Kyaing Tong)
- Nov 16-17:** Mt. Popa Nat Spirit Festival (Mt. Popa)
- Nov 17-25:** Thanbottay Pagoda Festival (Monywar)
- Nov 24:** Shan New Year Celebration (Kyaing Tong)
- Nov 21-25:** Taungto Pagoda festival (Inle lake)
- Dec 1-3:** New Rice Harvest Festival (Kyaing Tong)
- Dec 25-31:** Kachin Manaw Festival (Myitkyina)





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HERITAGE BUILDINGS in Yangon

- The Secretariat:** Theinbyu Rd
- City Hall:** Maha Bandula Rd, Sule Roundabout
- Rowe & Co Department Store building:**
416 Maha Bandula Rd
- Central Telegraph Office:** 125-133 Pansodan St
- High Court:** 89-123 Pansodan St
- The Reserve Bank of India:** 24 Sule Pagoda Rd
- Banks & Commerce-related buildings:**
Merchant Rd
- The Tejoomala building:** 138 Pansodan St
- A. Scott & Co, Building:** 52B Merchant Rd
- Renger House:** Corner of Pansodan & Merchant Rd
- Sofaer's Building:** 58 Pansodan St
- Irrawaddy Flotilla Company building:**
50 Pansodan St
- Grindlays Bank building:** 26 Pansodan St
- Lloyds Bank building:** 43 Pansodan St
- Chartered Bank building:** 27 Pansodan St
- Central Post Office:**
Corner of Strand Rd & Boaunglyaw Rd
- British Embassy:** 80 Strand Rd
- The Strand Hotel:** 92 Strand Rd
- Mombay Burmah Trading Corporation:**
104 Strand Rd
- Port Authority building:** Strand Rd & Pansodan St
- Currency Department building:** 1 Pansodan St
- Customs House:** 132 Strand Rd
- Police Commissioner's building:**
Corner of Strand Rd & Sule Rd
- Imperial Bank of India building:**
1-19 Sule Pagoda Rd
- Cosmopolitan Quarters:** 26th St
- Yangon General Hospital:**
Bogyoke Aung San Rd
- Burma Railways building:**
Corner of Bogyoke Rd & Sule Pagoda Rd
- Bogyoke Aung San Market:**
Bogyoke Aung San Rd
- Pegu Club:** Seinwya St
- Bogyoke Aung San Museum:**
25 Bogyoke Museum Lane
- Tomb of the Last Moghul Emperor:**
Zhaka St, Dagon
- Maha Pathana Cave & Kaba Aye Zedi,**
Kaba Aye Pagoda Rd
- Chauk Htat Gyi Buddha:** Shwegondaing Rd
- Bo塔taung Pagoda:** Strand Rd
- Sule Pagoda:** Sule Pagoda Rd
- Maha Wizara Pagoda:** Shwedagon Pagoda Rd
- Shwe Dagon Pagoda:** Shwedagon Pagoda Rd

TOURIST MAP OF YANGON



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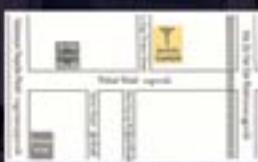
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TRAIN SCHEDULES & RIVER CRUISES



Yangon Circular Train (45.9 km / 28.5 miles)

Tourists often get surprised to know that the country's first railway system starting from this Yangon Central Railway Station was first built in 1877. The Central Railway Station (photo: above) is still a very beautiful blend of western and Myanmar traditional architecture. These circular trains pass across most sub-urban neighborhoods of Yangon, going both ways (clockwise and anti-clockwise). Best choice to tour around Yangon in a very short time.

Schedule: almost every hour between 10am to 5pm

Duration: approximately 3 hours, passing all 39 stations

Cost: 300 kyats, for the air-conditioned train(7:30am, 10:30am, 1:30pm)

Yangon - Bago (321.9Km) to visit to Yatanarpon Palace

Schedule: everyday approx. @ 11:15am, 1:15pm

Duration: approximately 1:45 mins

Cost: approximately 1,150 kyats per person for first class car.

Yangon - Kyaikhto (339.24Km) to visit to Golden Rock

Schedule: everyday approximately @ 11am, 1pm, 4pm

Duration: approximately 5 hours

Cost: approximately 2,400 kyats per person for first class car.

approximately 3,000 kyats per person for sleeper deck

Yangon - Mandalay (482.8km) to go to Mandalay Palace

Schedule: everyday approximately @ 11:15am, 1:15pm

Duration: approximately 13 hours over

Cost: approximately 9,300 kyats per person for first class car.

approximately 12,750 kyats per person for sleeper deck

Contact: For inquiries, call ☎ (+95-01) 202176, 202178

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RIVER CRUISES AROUND YANGON

Yangon River Cruises

(approximately 8-km)

Vessel: Tayza Cruiser (size 96x22) by IWT, Ministry of Transport

Route: from southeast Yangon to southwest Yangon and back

Boarding place: Botataung Jetty-5, Seikkan Township,

Schedules: 2 cruises per day 10am and 1pm
every Tuesday, Thursday, Saturday, Sunday

Duration: approximately 1.5 hours

Price: approximately US\$15 per person (50% for children under 12)

Dinner on board: have to be pre-arranged for a group over 10 persons

Contact: Inland Water Transport, Sales & Reservation Office,

50, Pansodan Street, Yangon. ☎ (01) 384253, 381914

email: tayzarivercruise@gmail.com

internet: <https://www.facebook.com/tayzarivercruiser>

Dala Ferry

(approximately 1 km, across Yangon River)

Vessels: Cherry 1 & 2 by Ministry of Transport

Route: from Yangon to Dala, across Yangon River

Boarding place: Pansodan Jetty, Seikkan Township,

Schedules: every 20 minutes between 11am - 1pm daily

Duration: approximately 10 minutes

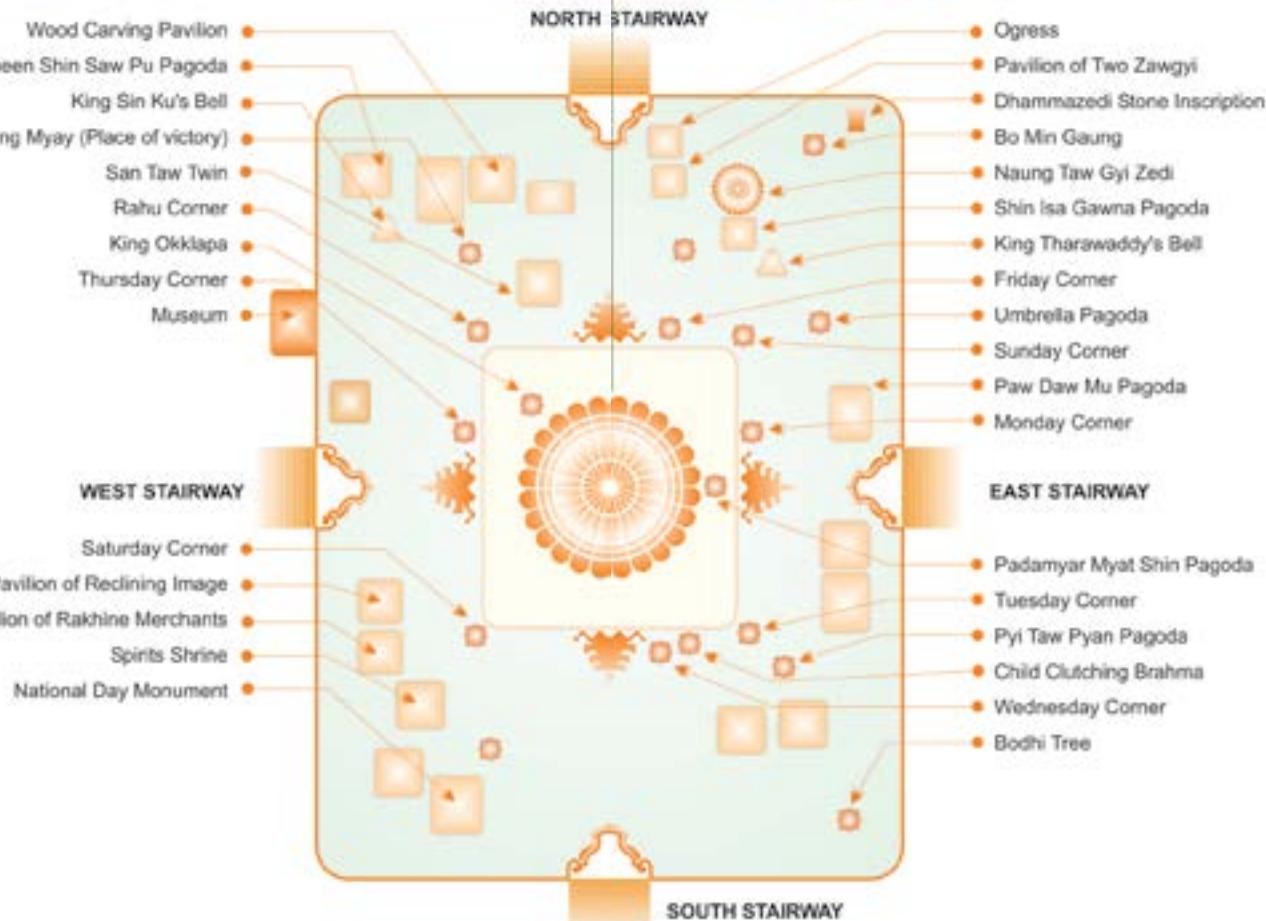
Price: US\$2 per person (one way)

Contact: For inquiries, call ☎ (01) 222 472

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The Map Of Shwedagon Pagoda

Location : On Sanguttara Hill in Dagon Township, Yangon.
Sea level : 190 feet above sea level.
Height : 326 feet (about 99 meters)
Land : 114 acres (46 hectares)



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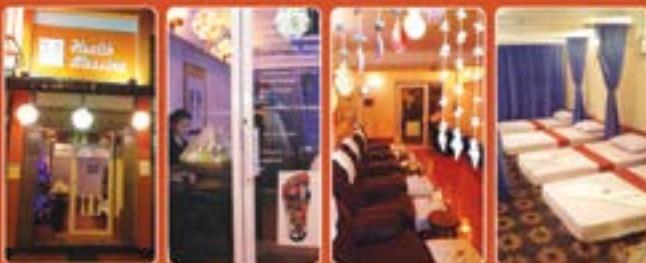
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- * Thai Herbal Massage - 1hr-13,000ks
- * Aromatherapy Oil Massage - 1hr-13,000ks / 1½hrs-19,000ks
- * Jet lag Massage - 1hr-13,000ks / 2hrs-25,000ks
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Tourist Map of Yangon China Town

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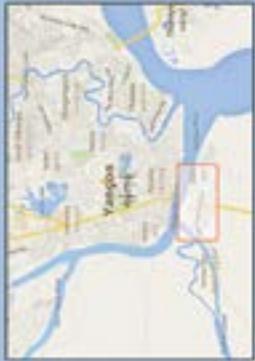
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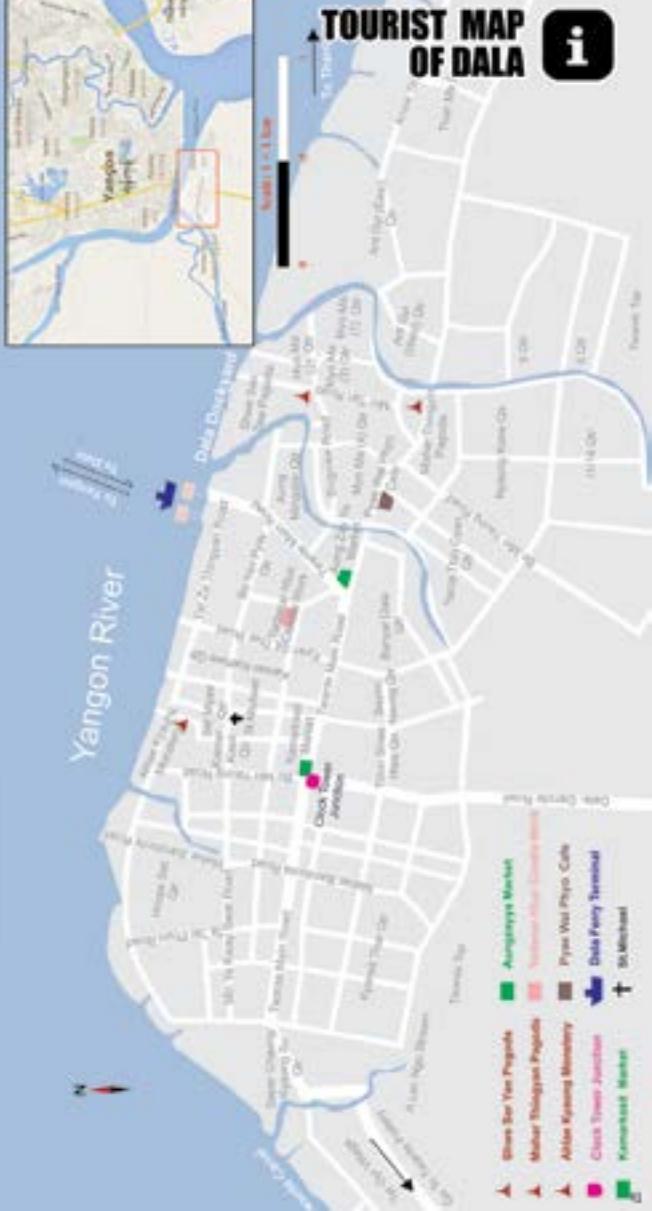
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TOURIST MAP OF DALA



- Green Star Van Project
- Motor Thonglong Project
- Akha Kyauk Market
- Clock Tower Junction
- Kamayut Market



HOTEL MAP OF YANGON



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02	MR.LEE (ဗျားလီ) ☎ 01-251 069 129, Lahmadaw Street, Lahmadaw Tsp. www.mrleehotel.com	★★	
03	MiCasa (မိန္ဒၢဒီ) ☎ 01-650 933 17, Kaba Aye Pagoda Road, Yankin Tsp. www.myanmarmicasahotel.com	★★★	
04	MK Hotel (မိန္ဒၢဒီ မြန်မား) ☎ 01-202 187 No.1, Shitkyauk Street, Ya Kyaw, Pazundaung Tsp. www.mkhotelyangon.com	★★★	
05	Cherry Hills Hotel (ရဲ့ပိုးလွင်) ☎ 01-559 722 5/204, 1A, Kaba Aye Pagoda Rd, Shwe Gone Taing, Bahari Tsp. www.cherryhillshotel.com	★★★	
06	Reno Hotel (ရော်) ☎ 01-255 913800 121, Kaba Aye Pagoda Road,Bahan Tsp. www.renohotelmyanmar.com	★★★	
07	Hotel Yankin (ယန်ခါ) ☎ 01-855 0283 186, Lu Nge Thilse Street, on Thitad Road, Yankin Tsp. http://www.hotelyankin.com	★★★	
08	Hotel Bahosi (ဟံသာ မဏ္ဍာ) ☎ 01-223 587 63/64, Bahosi Housing Estate, Lahmadaw Tsp. www.hotelbahosi.com	★★★	
09	Ocean Pearl Inn (အော်လှိုင်) ☎ 01-296 637 215, Bolataung Pagoda Road, Pazundaung Tsp. www.myanmarhotel-budget.com		
10	Orchid Hotel (ချုပ်ဆုံး မြန်မား) ☎ 01-981 0063 91, Anawrahta Road, Pazundaung Tsp. www.orchidhotelyangon.com	★★★	
11	Eastern Hotel (အော်လှိုင် ခေါ်လှိုင်) ☎ 01-293 815 194/196, Bo Myay Htun Street, Pazundaung Tsp. www.myanmareasternhotel.com	*	
12	Eden Palace Hotel (အော်လှိုင်) ☎ 01-542 826 356 / 366, Kyauktanjan Road, Tamwe Tsp. www.edenpalaceyangon.com	★★★	
13	Hotel V.A.N. (သာမဏ္ဍာ) ☎ 01-531 598 9/A, Bayint Naung Road, Hlaing Tsp. Email: hotelyangonv@gmail.com	★★★	
14	Agga youth Hotel (အွေးလွှာ မြန်မား) ☎ 01-225460 86, 12th street (middle block), Lanmadaw Tsp. www.aggayouthhotel.com	★★	
15	Mother Land Inn (မုတ္တမာရာလိုင်) ☎ 01-291 343 433, Lower Pazundaung Road, Pazundaung Tsp. www.myanmarmotherlandinn.com		
16	Hotel Kan Yeik Thar (ကန်ရော် မြန်မား) ☎ 09-254 377 522 4, Kan Yeik Thar Road, Mayangone Tsp. www.hotelkyt.com	★★★	
17	Great Feel Hotel (ရှေ့ပိုး) ☎ 01-657 933 384, Wireless Lane (1), Kabarayé Pagoda Road, Mayangone Tsp. www.greatfeelhotel.com	*	
18	Family Treasure Inn (မေတ္တမာရာလိုင်) ☎ 01-284 533 93, 13th Street (Middle Block), Lanmadaw Tsp. www.familytreasureinn.com		
19	Myanmar Golden Land (မြန်မာ မဏ္ဍာ) ☎ 01-254 475 278/300, Mahabandoola Garden St, Upper Block, Kyauktada Tsp.		
20	Tadar Gust House (တာဂုံ) ☎ 01-255 649 278/300, 1C, Mahabandoola Garden Street, Kyauktada Tsp. www.tadarinformation.com		



HOTELS IN YANGON

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RECOMMENDED

- 21 Hotel Mila Noa** (မြန်မာ့နား) ☎ 01-512 522
24, Mahar Binnya Street, Sandawng Tsp. ★★
www.milanberryinn.com
- 22 Hotel M** (မြန်မာ့မှု) ☎ 01-230 6227
29 Kanbawza Avenue Street, Bahan Tsp. ★★
www.hotelminmyanma.com
- 23 Real Link Hotel** (ရဲ့လို့) ☎ 01- 566 970
No. 248, Thiray Road (33) Quarter, Yankin Tsp. ★
Email: reallinkhotel@gmail.com

RECOMMENDED

SEE MAP ON PAGE 7

- ★★★★★
Sedona Hotel: 1, Kabar Aye Pagoda Rd, Yankin Tsp. ☎ 01-566 900
Vintage Luxury: 6, Botahtaung Jetty, Botahtaung Tsp. ☎ 01-910 555
The Strand Hotel: 92, Strand Rd, Kyauktada Tsp. ☎ 01-243 133
- ★★★★★
Hotel Paramei: 2, Pacami Road, Mayangone Tsp. ☎ 01-658 118
Inya Lake Hotel: No. 37, Kaba Aye Pagoda Rd, Mayangone Tsp. ☎ 01-966 2866
Savoy: 129, Cnr of Inya Rd & Dharmazedi Rd, Bahan Tsp. ☎ 01-426 305
Sky Star Hotel: 51/B1, East Race Course Rd, Tarmwe Tsp. ☎ 01-860 4225

★★★★★
Yangon Int'l Hotel: 330, Ahlone Rd, Dagon Tsp. ☎ 01-229 229

- Central Hotel: 335-337, Bogyoke Aung San St, Pabedan Tsp. ☎ 01-241 001
Panorama Hotel: 294/303, Pansodan St, Kyauktada Tsp. ☎ 01-253 077
Hotel Yangon: 91/93, Pyay Rd, 8 mile Junction, Mayangone Tsp. ☎ 01-667 708
Excel Treasure Hotel: 526, Kaba Aye Pagoda Rd, Bahan Tsp. ☎ 01-559 150
Golden Butterfly Hotel: 12, Bo Cho St, Bo Cho Ward, Bahan Tsp. ☎ 01-541 981
Green Hill Hotel: 12, Pho Sein Rd, Tarmwe Tsp. ☎ 01-209 299

★★★
Thamada Hotel: Near Thamada Cinema Hall, Dagon Tsp. ☎ 01-243 640

- Olympic Hotel: 60 National Swimming Pool, Dagon Tsp. ☎ 01-243 130
Yuzana Hotel: 130, Shwemondaw Rd, Bahan Tsp. ☎ 01-543 370
City Golf Resort Hotel: 136 Thirminnigalar Rd, Insein Tsp. ☎ 01-641 763
City Star Hotel: 169-171, Mahabandoola Garden St, Kyauktada Tsp. ☎ 01-370 923
Clover Hotel: 217, 32nd St (Upper Block), Pabedan Tsp. ☎ 01-377 720
Hotel Onataa: beside on "Thi Ohamar Road," Ga Gyi N-Okipa ☎ 09-420 220830

★
The Ambo Hotel: 7, Sayisan Rd, Bahan Tsp. ☎ 01-543 162

- Bliss Hotel: 14, iPhone Gyi Rd, Lanmadaw Tsp. ☎ 01-211 126
Crystal Palace Hotel: 219, Shwemondaw Street, Bahan Tsp. ☎ 01-543 421
Yoma Hotel: 146, Bogyoke Aung San Street, Pazundaung Tsp. ☎ 01-299 243

Guest House, Inn, Motel & Hostel

- Golden Goose Inn: near Than Lari, 182 Insein Road, Hlaing Tsp. ☎ 01-524 642
Royal Star: 321, Mahabandoola Garden St, Kyauktada Tsp. ☎ 01-388 551
Pickled Tea: 311, Myaynigone Zay Street, Sanchaung Tsp. ☎ 09-250 903 363
Humble Footprints: 4-A, Thakha Street, Sanchaung Tsp. ☎ 01-1222 587
100 Moon: 50 (C-4), Natmauk Lanethwe (I), Bahan Tsp. ☎ 01-545 780
Westend Guest House: 768/E/Y, Bogyoke Aung San Rd. ☎ 01-223 425

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CLOTHING
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- 21 Augustine's Souvenir** ☎ 01-504 290
23 U/ Attila 14, (Thirminnigalar St) Kamaryut Tsp.
www.augustinessouvenir.com

RECOMMENDED

- SEE MAP ON PAGE 24, 25
- 22 Micho the collection** ☎ 09 2581 44770
2, Two Storey (Bldg. Cnr of North Wing & West Wing, Bogyoke Zay
Nya, 45, Pyay Road, Dagon Tsp.)
- 23 Taw Win Centre** ☎ 860 0111 (Ext: 3333)
Kyauk Taw Road, Kamaryut Tsp.
- 24 Junction Square** ☎ 09-4200 11076
Kyauk Taw Road, Kamaryut Tsp.
- 25 Junction Zawana** ☎ 01 573 932
Lay Daungtan Road, Thingyanpyay Tsp.
- 26 Gandamar Wholesale** ☎ 01 657 311
Cnr of Wazayander Road and Gandamar Road, Mayangone Tsp.
- 27 Anawmar Gallery** ☎ 700446
16A, Thukhawaddy Rd, Soeimain Park, Yida.
- 28 Inya Art Gallery** ☎ 524818, 524 327
508, Inya Road, Kamaryut Tsp, Yangon.
- 29 River Gallery** ☎ 243 377
92, Strand Road, Yangon.
- 30 KZL Art Gallery** ☎ 09 - 533 3518
184/184(A), Than Lwin Road, Muay Taung Gon, Bahan Tsp.
- 31 She Shines Gems** ☎ 548832
005, Building-B, New University Avenue Rd
- 32 Shwe Minthem** ☎ 544 300
30 A, Pyay Road, (7 Mile), Mayangone Tsp.
- 33 The Lady Gems** ☎ 01-230 5800
Shop (1), No.7, Inya Road, Kamaryut Tsp.
- 34 MANAWMAYA** ☎ 01-549 612
527, New University Avenue, Bahan Tsp.
- 35 SP Gems & Jewellery** ☎ 660 397,654 399
36 A, Pyay Road, (7 Mile), Mayangone Tsp.
- 36 Green Heaven** ☎ 01-240 966 (Ext:421)
60, G/F North Wing, Bogyoke Market, Pabedan Tsp.
- 37 Precious Jewellery** ☎ 666 900
Sedona Hotel, No. 1, Kaba Aye Pagoda Road.
- 38 See Sain Shin** ☎ 01- 240 966 (Ext:534)
36, Two Layer Building, Bogyoke Market, Pabedan Tsp.
- 39 Treasure Art Gallery** ☎ 01-526 776
84/A, Thanlwin St, Golden Hill Avenue, Golden Valley, Bahan Tsp.
- 40 Hinntabar Art & Gallery** ☎ 517 833
No. 42/A, Inya Myayin Road, Bahan Tsp.
- 41 Green Heaven** ☎ 01-240 966 Ext:421
No.6 G/F, North Wing, Bogyoke Market, Pabedan Tsp.
- 42 Fashion Euphoria** ☎ 01-552 6313
Junction Square No. F-1/24, 1st Floor, Kyauk Taw St, Kamaryut Tsp.
- 43 Lotus Shop** ☎ 01-211 8888 (Ext:172)
Shop(2), Summit Parkview, Ahlone Rd, Dagon Tsp.
- 44 Jasmine Phy** ☎ 01-661 762
No. 56 (A), Kabenye Pagoda Rd, Yankin Tsp.
- 45 Shwe Zin (Chin Traditional)** ☎ 09-513/511
No.Pz 1/15, 1st Floor, Mingalar Zay, Mingalar Taung Hyunt Tsp.
- 46 Thai Silk** ☎ 09-852 4344
No.45, Pyay Rd, Dagon Tsp.
- 47 Shwe Kan Kaw** ☎ 01-243 962
No. 181, West Wing, Bogyoke Aung San Market, Pabedan Tsp.

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ENTERTAINMENT IN YANGON

Kacawell Hall ☎ (01) 290 546
Floating in Kandawgyi Lake.

Htee Go ☎ (09) 512 7371 (24hr)
No 17, Yama Street, Akyab Township.

Pun Hlaing Golf Estate ☎ (01) 664 020
Pun Hlaing Golf Estate Hlaing Tharyar Twp.

Yangon Golf Club ☎ (01) 435 563
Kha Yae Lin St, Es Ryan Gorse Ward, Insein Twp.

Club Pioneer ☎ (01) 248 944
Aikone Road, Yangon International Hotel.

The Music Club ☎ (01) 259 388
33 Allen Phya Rd, Dagon Township.

Dagon Bar pub billiard ☎ (01) 211 888, 211 966
Aikone Road, Summit Parkview Hotel, Dagon Township.

Sport Bar ☎ (01) 704 428
No 25, Pa La Road, Bahan Twp.

DJ's Bar ☎ (09) 511 6767
Dusit Inya Lake Hotel Compound 37 Kaba Aye Pagoda Rd.

Bar Boon ☎ (09) 511 392
FMS Centre, 380 Bogyoke Aung San Road, Pabedan Twp.

M3 ☎ (01) 526 916, 247 325, 244 884
Shwe Oo Min (West) M, Bahan Sports Ground.

Vista Bar ☎ (01) 559 488, (09) 732 28586
168, Shwegondine Road, Bahan Twp

CULTURAL	CLUB
OCU CLUB	BAR
DISCOCLUB	KARAOKE

1	1	✓
1	1	✓
1	1	✓
1	1	✓
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1	1	✓
1	1	✓

Parani - 01 560885, 400435, 657291
Shwe Man Thu - 01 560885, 400435
Gandamar - 01 657291, 09 73008441
Sakura - 01 566109, 5057208

Flying Swallow Transport - 09 732 0361
Yaung Ni Do - 09 452 26222, 420152 480
Best Of Two - 09 4200 6634, 01 861 9033
Fine Forest - 09 730 5666, 09 730 62222

TAXI IN YANGON



MUSEUMS IN YANGON

NATIONAL MUSEUM [Entrance Fee: 5000 Kyat]
66/74 Pyay Road, Dagon Township, Yangon. Tel: 01 371 540.



MYANMAR GEMS MUSEUM [Entrance fee: FREE]
66 Kaba Aye Pagoda Road, Mayangone, Yangon. Tel: 01 665849, 663315



BOGYOKA AUNG SAN MUSEUM [Tue to Sun] [Entrance fee: 30USD]
No 25, Bogyoke Museum Lane, Bahan Twp



U THANT MUSEUM [Tue, Thu, Sat and Sun]
31, Parma Road, Kamayut Twp



MEMORIAL TO FALLEN HEROES [Entrance Fee: 3000 Kyat] [Tue-Thu]
Northeast of Master's Mausoleum, Singuttara Hill (North slope) Shwe Dagon Pagoda.



MEDITATION CENTERS

International Theravada Buddhist University Tel: 01 665 673
Dhammapala Hill, Mayangone, Yangon.
<http://www.itbu.org.mm>

Mahasi Sasana耶iktha Tel: 01 541 971, 562 501
16, Sasana耶iktha Road, Yangon 11201.
<http://www.mahasi.com>

Channmyay耶iktha Tel: 01 661 479, Fax: 01 667 050
55A Kaba Aye Pagoda Road, 11061
<http://www.channmyay.org>

Panditartha ShweTaungDoa Tel: 01 535 448, 01 705 525
80A, Than Lwin Road, 11201 Yangon.
<http://www.panditartha.net>

Shwe Go Min Dhamma Sukha Forest Tel: 01 638 170, 638 284
Aung Myay Thar Yar Street, Kon Ta Peung Village, Mingalardon Township.

Theinnguu 32i Ref: 01 200 1184, 09 2450011
32, Theinnguu Wipasaya Dhamma耶iktha, Konektalebaung Sanpya Village, Mingalardon Twp.

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INTERNATIONAL AIRLINES



DRAGON AIR (KA) ☎ 01-255 321

ASIAN WINGS (AW) ☎ 01-516 654

AIR ASIA (FD) ☎ 01-251 885/6

AIR MANDALAY (ST) ☎ 01-501 520

AIR INDIA (AI) ☎ 01-253 601

MANA YADANARPPON ☎ 01-515 261~4

CONDOR (DE) ☎ 01-370 836

YANGON AIRWAYS (YH) ☎ 01-383 100

AIR CHINA (CA) ☎ 01-666 112

AIR KBZ (KZ) ☎ 01-373 774

SILK AIR (MI) ☎ 01-255 279

AIR BAGAN (WB) ☎ 01-504 888

MAI (BM) ☎ 01-255 260

GOLDEN MYANMAR (GM) ☎ 01-860 4035

MALAYSIA AIRLINES (MH) ☎ 01-387648 APEX AIRLINE ☎ 01-533 300

BANGKOK AIRWAYS (PO) ☎ 01-255112

VIETNAM AIRLINES (VN) ☎ 01-255 066

AIR BAGAN (WB) ☎ 01-505 222

THAI AIRWAYS (TG) ☎ 01-255 499

AUSTRIAN ☎ 01-700 894

JET STAR ☎ 09-421 115 661

NOK Air ☎ 01-255 050

POLICE & INFORMATION



Tourist Informations: (01) 371910, 374281

Airport (Yangon) 01-662811

Immigration: (01) 249216

Railway (Enquiry) 01-201555

Police: 199

Highway Bus Station 01-640469

Tourist Safety Police: (01) 376166, 642742, 549209

HEALTHCARE SERVICES



Asia Royal Hospital 14, Baho Road, Sandawna Twp.

01-538 055

Pun Hlaing Hospital Pun Hlaing Golf Estate Aven

01-684 323

Victoria Hospital 68, Taw Win St, 9 Mile, Mayangone Twp, 01-9616141

09-51-83685

Smart Dental Clinic 418, 1st Floor, Shwebohra St

EMBASSIES IN YANGON



Netherlands Contact German embassy

New Zealand Contact UK embassy

Philippines ☎ 01-6558 149~151

Sri Lanka ☎ 01-222 812

Sweden ☎ 01 539 961, 511 256

Switzerland Contact German embassy

Thailand ☎ 01-533 082, 512 617

UK ☎ 01-380 322

USA ☎ 01-536 509

Switzerland ☎ 01-534 754



USEFUL PHRASES

English (မြန်မာ) pronunciation

good day (မင်္ဂလာပါ) mingalar-par

how are you? (အကျော်မှုသိမ်းပါ) nay-kong-lar

thank you (အကျော်မှုသိမ်းပါ) chay-zoo-par

sorry (အခြင်းမှုတဲ့ပါ) tong-pan-par-del

how much? (ဘယ်လူလောင်းပါ) bel-louk-lei

where? (ဘယ်မှာလောင်းပါ) bel-mar-lei

where is the toilet? (ဆိပ်မှာလောင်းပါ) eain-thar bel-mar-lei

Meals

breakfast (မှန်စာ) ma-net-sar

lunch (မှန်လည်း) nay-lel-sar

dinner (မှန်) nya-sar

snack (မှု) moant

Food

beef (မောင်စာ) ah-mel-thar

pork (အောင်စာ) wet-thar

chicken (ကျော်စာ) kyet-thar

fish (ငါး) ngar

sea food (မေးမြန်စာ) pinka-sar

vegetarian (ဆောင်စာတွေ)

bread (ပေါင်မှု) paung-moant

Dishes

boiled (ပေါ်စာ) pyoke

fried (ဆောင်စာ) kyaw

steamed (ပေါ်စာ) paung

BBQ (ပေါ်စာတွေ) ah-thar-kin

Places

English (မြန်မာ) pronunciation

airport (အော်ရှု) ley-set

bus station (ကျော်စာတွေ) can-gate

clinic (ဆောင်စာတွေ) sey-kann

embassy (ခေါ်ခြား) than-yone

guest house (ကျော်မှုတွေ) tel-ko-khan

hospital (ဆောင်စာတွေ) sey-yon

hotel (ဆောင်စာတွေ) hotel

jetty (ဆောင်စာတွေ) thin-baw-sake

market (ဆောင်စာတွေ) zey

police station (ဆောင်စာတွေ) yel-sakan

post office (ဆောင်စာတွေ) san-dike

railway station (ဆောင်စာတွေ) bootan-yone

restaurant (ဆောင်စာတွေ) san-thauk-sine

toilet (ဆောင်စာတွေ) eain-thar

Drinks

water (မှောင်စာ) yay-thant

juice (မှောင်စာ) pyaw-yay

beer (မှောင်စာ) beer

Tableware

spoon (စွဲ) zoon

fork (ချော်မှုတွေ) khet-yin

knife (စွဲ) dah

cup (ချော်) kwet

plate (ချော်မှုတွေ) pagan-pyar

bowl (ချော်မှုတွေ) pagan-lone

Numbers

English = Myanmar

0 (၁) than-nya

1 (၂) tick

2 (၃) hnit

3 (၄) thone

4 (၅) lay

5 (၆) ngar

6 (၇) chauk

7 (၈) kon-nit

8 (၉) shik

9 (၁၀) koe

10 (၁၁) ta-sel

100 (၁၁၁) ta-yar

1000 (၁၁၁၁၁) ta-htaung

2000 (၂၁၁၁၁) hnlt-htaung

3000 (၃၁၁၁၁) thone-htaung

5000 (၅၁၁၁၁) ngar-htaung

10,000 (၁၀၁၁၁၁၁) te-hthaung

100,000 (၁၀၀၁၁၁၁၁၁) ta-thein

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မြန်မာစာမျက်နှာ၊ မြန်မာနိုင်ငံတော်လုပ်ငန်း၊ လွှှား၊ ရန်ကုန်မြို့

ရ. ၁ မြန်မာနိုင်ငံတော်လုပ်ငန်း၊ လွှှား၊ ရန်ကုန်မြို့

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Email: yi@myanmarnettravelinformation.com



HOTEL **KAN YEIK THAR**

YANGON MYANMAR



It is Approximately 15 minutes by road to the hotel from Yangon International Airport, located on the prime area of Mayangone Township, very close by Myanmar Gems Museum & Gems Mart. 10 minutes to Myanmar Convention Center (MCC), Myanmar Information and Communication Technology Park (MICT Park).

Myanmar Engineering society (MES), Shopping Malls, Golf Club and Myanmar Investment Commission (MIC) are 1 km from Hotel. The Reception Desk open 24 hours, will be happy to make arrangement for airport transfer limousine service.

Hotel Kan Yeik Thar

Address : No.(4), Kan Yeik Thar Road, Mayangone Township, Yangon, Myanmar.

Phone : +95 9 254 377 622, 254 377 633, 254 377 344. Fax: +95 1 467181

Email : info@hotelyt.com

Website : www.hotelyt.com, www.hotelkanyethar.com

<http://myanmartravelinformation.com>